

LEADERSHIP CAMP HIGHLIGHTS

**Student Librarians**

The Student Librarian team had a fantastic time at leadership camp at Crosslands Youth & Convention Centre.

Every activity was designed to help improve our leadership skills in several ways. Tackling the high ropes course put us all on edge and we had to push ourselves past our comfort zones to complete it, but we came together as a team and supported each other. We also worked on something as equally nerve-wracking – public speaking – with the Prefect team, and put our skills to the test. But the most useful part of camp was our team meeting time, where our teams were able to plan for the year ahead, especially our favourite time of year – Book Week!

Even though we are all utterly exhausted from three jam-packed days, we are all excited for the year ahead!

- Emily Woods, Physical Displays Director, *Student Librarian Team*.

House Leaders

Leadership camp was a great experience to learn how to be an exceptional leader. As a house leader, we did many fun activities to boost our confidence and experience such as: learning how to plan fun activities for the school, team building activities and many more.

At leadership camp we did three physical activities which also boosted our confidence: we did a high ropes course, a zipline over the river and a free fall jump. These activities allowed us to in-

teract, encourage and support each other to become a closer group of leaders. At night, we got together with our house groups and played activities run by the prefects and teachers. These activities allowed all the houses to work as a team to support and cheer on their fellow peers in their house group.

In our free time we wrote notes which were called warm and fuzzies, which made us appreciate others and feel valued by all of our peers at leadership camp. Overall, leadership camp was a great experience and we accomplished a lot of planning for the school as a team. We look forward to 2021 and building the spirit of the school.

Gemma Nolland and Sunny Galuzzo



LEADERSHIP CAMP HIGHLIGHTS



YEAR 7 CAMP



On the 29th of January, Year 7 began the first day of their journey through high school. They arrived at Galston High School equal parts excited and scared, with many students unsure of what to expect from the transition and many others having heard stories from older siblings.

During their first day, they completed orientation activities coordinated by the House Leader Team and learned many important things about the school, in particular how to use their timetables and find their classes.

After only one day at school they were off to camp, with Year 7 arriving bright and early to get on the buses and head off for two nights and three days of getting to

know each other and developing themselves as high schoolers. Camp was jam-packed with activities, and it seemed every time we had a break, it was time to eat, with the doughnuts fast becoming a camp favourite.

As camp went on, the students developed their confidence, and it was fantastic to see students supporting one another by belaying on the rock climbing, cheering each other on during the tri-jump and working together as a team to overcome challenges like raft building. The clear favourite activity was the challenge ropes course, where pairs of students worked to navigate through challenges such as rickety bridges and tightropes high up in the air.

The Year 10 house leaders were there every step of the way, assisting with harnesses, encouraging the younger students, and starting up many many games of cricket throughout camp.

Too soon, it was time to return home, and a group of very sleepy and exhausted year sevens were delivered back to their parents and carers. While Year 7 are now back at school and camp is over, the friends and memories made definitely remain.

As their Year Advisor, I can't wait to see what this grade achieves throughout their first year in high school.

*Madison Murrell
Year Advisor*

YEAR 7 SRC INDUCTION CEREMONY



CELEBRATING EXCELLENCE IN STUDENT LEADERSHIP

STUDENT LIBRARY LEADER INDUCTION CEREMONY



On Tuesday 16th February 2021 Student Library Leaders Induction Ceremony was held. Student Library Leaders are described as our 'minds of the school'. Their leadership role is focused on library and promoting, reading, writing and use of the library as a learning location for all at Galston High School.

Congratulations to our 2021 Student Library Leaders

Senior Student Librarian Leadership Team

- Georgia Lemsing - Digital Library Team
- Jayden Bray - Digital Library Team

- Anisia Plaskitt - Student Engagement Team
- Ashley Tkacz - Student Engagement Team
- Claudia Snow - Physical Displays Team
- Emily Woods - Physical Displays Team

Junior Student Librarian Leadership Team

- Jasmine Atkins
- Georgia Cleary
- Ashley Dyer
- Kieran Eccles
- Rachel Honor
- Caitlin Modde

- Kittie-Maree Nowland-Judge
- Lillyan Stewart
- Sarah Symons
- Rhys Cadle
- Harmony Calvert-Huntley
- Laila Campagna
- Angie Horan
- Yen Huang
- Aria LaPlume-Barker
- Gypsy Sumner-Murphy
- Max Perowski
- Arella Plaskitt
- Eloise Woellner
- Laicey Hills
- Selene McLeod
- Chantel Neame



CELEBRATING EXCELLENCE IN STUDENT LEADERSHIP

FARM LEADER INDUCTION CEREMONY

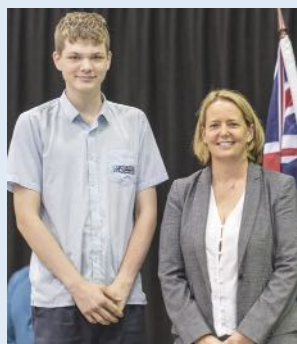
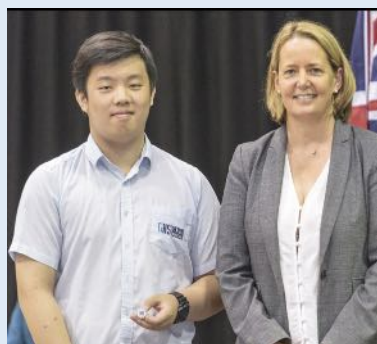
On Tuesday 16th February 2021 the Farm Leaders Induction Ceremony was held. Farm Leaders are described as our 'hands on workers of the school'. Their leadership role is focused on promoting agriculture and develops the farm as a rich and sustainable learning environment for

the whole school community.

Congratulations to our 2021 Farm Leaders

- Charlotte Rochester
- Lily Dawson
- Maddison Hayhurst
- Bree Collins

- Oscar Murphy
- Edgar Ho
- Liam Aeberhard
- Thomas Cornale
- Catherine Engall
- Sarah Goodall
- India Dalton
- Hannah Cornale



PREFECT REPORT



Leadership Camp for 2021 was once again a huge success.

This year it took place at a new venue, Crosslands Youth and Convention Centre. Through team-building activities and planning sessions, the Leadership Teams at Galston High School were able to bond with one another and plan exciting events for the year ahead.

They worked together within their Leadership Teams and combined with other teams to learn new skills and improve themselves to become the best leaders they can be and encourage and support the next generation of Galston High School.

The house spirit soared through the annual house war cry challenge and highlighted

the importance of school spirit at Galston High School.

Year 12 recently attended a few activities, as part of their Life Ready Program, including a road safety excursion, a drug and alcohol education day, and an excursion to Treetops.

During the Road Safety Program, students took part in a series of sessions and learnt about driving safely and how to cope with situations on the road. Everyone had a fantastic day and was able to take away knowledge that will help them to become even better drivers.

Year 12 was also part of a Drug and Alcohol Education Day, as another part of their Life Ready Program. During this day, students

learnt about the risks involved with drugs and alcohol and how to make responsible choices. Everyone was able to take away advice that will help them to make responsible decisions as young adults in this community.

The excursion to Treetops was a highlight for many. It was an inspiring experience, pushing students to step out of their comfort zones and strive for Galston's value of personal best. It was a chance for students to reward themselves for the hard work they have been putting into their school lives in their final year and was a nice break to have some fun.

*Mykaela Hayhurst and
Joshua Chapman
2021 School Prefects*

UPCOMING EVENTS

Monday 8 March	Year 12 Life Ready Wheelchair Basketball
Tuesday 9 March	Year 7 Cricket Development Sessions
Wednesday 10 March	Year 10Y PASS Self Defence - in class
Thursday 11 March	Open Day
Friday 12 March	Year 10X PASS Self Defence - in class
	2022 Selective Schools Test
	Year 12 Life Ready Wheelchair Basketball
Tuesday 16 March	P&C Meeting 7.30pm
Wednesday 17 March	Year 7 Cricket Development Sessions
Friday 19 March	GHS Cross Country
	Year 10Y PASS Self Defence - in class
	Year 10 Geography Excursion
Tuesday 23 March	Year 10Y PASS Self Defence - in class
Wednesday 24 March	Year 10X PASS Self Defence - in class
Thursday 25 March	Sydney North Swimming
Tuesday 30 March	Cross Country back up
Wednesday 31 March	Triathlon Individual Event
Thursday 1 April	Year 11 Biology Sydney Olympic Park
Friday 2 April	Last Day of Term
	Good Friday Public Holiday

P&C MEETING DATES

Annual General Meeting Tuesday 16 March

Tuesday 20 April

Tuesday 18 May

Tuesday 15 June

Tuesday 20 July

Tuesday 17 August

Tuesday 7 September

Tuesday 19 October

Tuesday 16 November

PDHPE HIGHLIGHTS

In PDHPE, we have been busy with learning many new skills from juggling to self defence taught by our local master instructor 8th dan blackbelt,

- Sam Loiacono from Hills District Martial Arts.

We have also been preparing our stu-

dents for the cross-country coming up on Wednesday 17th March, making sure the students know the course. It will be for Years 7-8 and competitors only for Years 9-12.

We also had the zone swimming carnival at Sydney Olympic Park Aquatic

centre where we had many good results from our wonderful swimmers. This included Zoe Johnson 2nd runner up for age champion, Xavier Pedro runner up for age champion, Jordan Harkins 2nd runner up for age champion, Chloe Loria runner up for age champion. Well done to all who participated in the carnival.



SCIENCE FACULTY FOCUS

The Science and Agriculture faculty have had a productive start to the year. Students have been learning about a range of different topics and have completed a variety of practical activities that help to demonstrate the concepts they have learnt.

Year 7

Year 7 has been enjoying learning about all the new equipment they will be using during their time in high school science laboratories and for many of them conducting experiments for the first time. They will be putting their skills to the test next week as they complete their practical assessment task, where they will design their first experiments to gather some first-hand data.

Year 10

Year 10 students have been working towards completing their Student Research Project. In class, they have been learning the skills and techniques that scientists employ when carrying out investigations, and then have been using these to design and carry out their own scientific investigation at home. A reminder to all Year 10 students that this task is due at the beginning of Week 9.

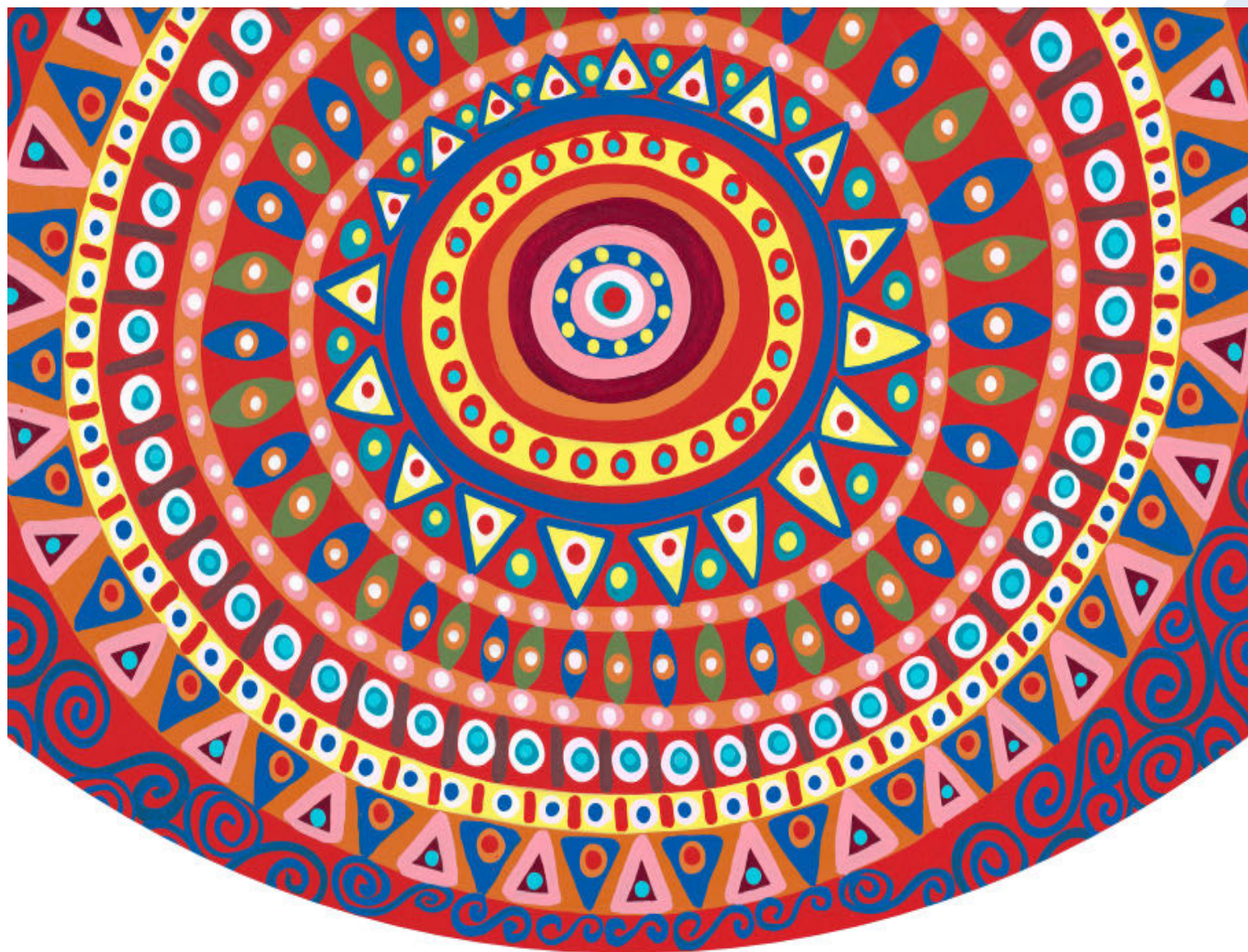
Year 11

Biology students will attend an excursion to Sydney Olympic Park wetlands in Week 10 to complete their mandatory depth study as part of their first assessment. This will involve gathering a range of data relating to

the wetland ecosystem that they will then use to prepare report that describes the different factors that have an impact on the site.



Mr Christopher Pulo
Head Teacher Science/Agriculture



| NSW Department of Education

2021 NSW Premier's Reading Challenge

Start reading now!

Key dates for
students in K-10:

Challenge opens
Monday March 1

Challenge closes
for student entries
Friday August 20

Artwork by Dr
Bronwyn Bancroft

www.premiersreadingchallenge.nsw.gov.au



LIBRARY UPDATE

The first six weeks of Term 1 have flown by in the library!

Summer Reading Challenge

At the end of last year, we launched our first ever Summer Reading Challenge. Just under 40 staff and students signed up to have a reading list hand-picked for them based on their preferences. It was a massive challenge to pick the right books for everyone's diverse reading tastes, but great fun! Many of our Summer Readers shared their new favourites through reviews and #insta-worthy photos to help other students find their next favourite book.

Congratulations to Emily Leventhal,

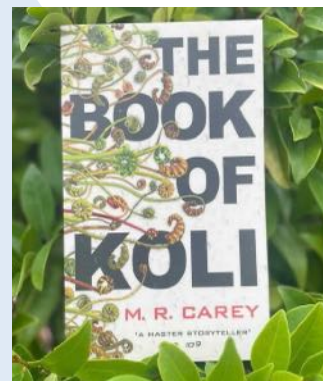
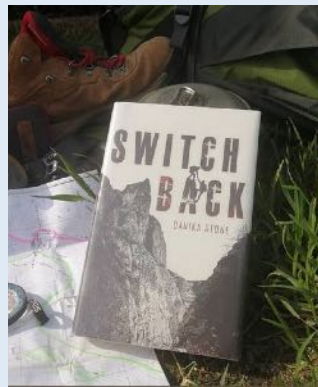
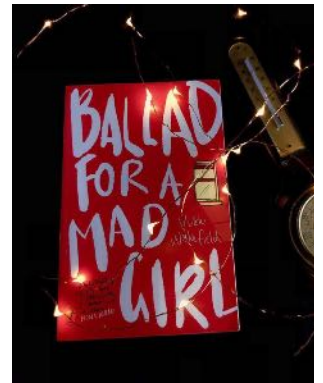
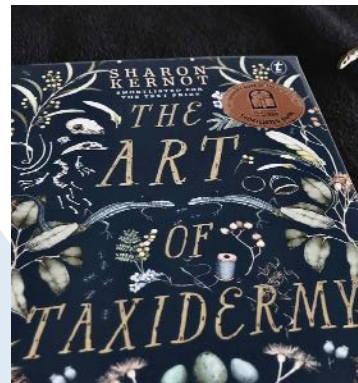
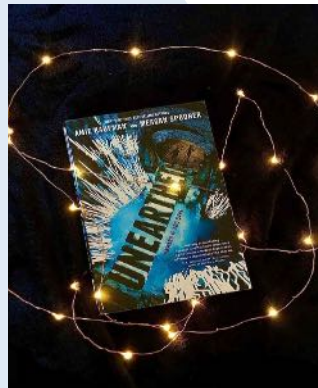
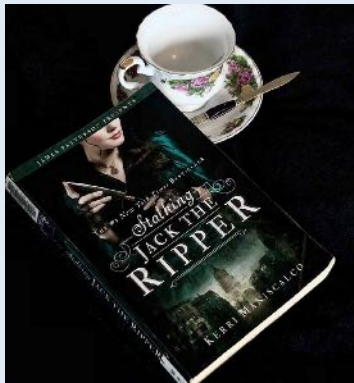
who won the \$30 Dymocks Voucher and India Dalton and Eloise Barrett, who both won \$5 canteen vouchers.

Valentine's Day in the Library

To celebrate Valentine's Day and Library Lover's Day, the Student Librarian team have brought back Blind Date with a Book. Rather than judging a book by its cover, students only have three key phrases to judge a book with before borrowing. After borrowing, students "rate their date" to enter the draw to win a \$30 book voucher. We've been struggling to keep enough books on display to keep up with demand!

Premier's Reading Challenge

The NSW Premier's Reading Challenge opens on Monday, 1st March. This year, students from Years 7-10 can take part in the challenge. Timetabled Sustained Reading Periods (SRP) have allowed students to reflect on their reading preferences and set personal reading goals for 2021, with many hoping to complete the NSW Premier's Reading Challenge. Students have to read and log 20 books – 15 of which must be from the PRC Reading List – by the 20th of August, and is a fantastic way for students to read a diverse range of books and develop a lifelong love of reading.



GHS

GALSTON HIGH SCHOOL



OPEN DAY

WEDNESDAY 10 MARCH

POTENTIAL STARTS HERE.

**Potential starts with
a caring community.**

**Potential starts with
quality teaching.**

**Potential starts with
opportunities to grow.**

**Potential starts at
Galston High School.**

***Join us on Wednesday,
10th March for Open Day to
see why Galston High School
offers a compelling choice for
the education of your child.***



Small community with BIG opportunity includes:

- An exemplary record of HSC achievement
- Extension classes for High Potential students in Year 7
- A broad curriculum catering for academic and vocational pathways
- Extensive student leadership roles
- Outstanding pastoral care program
- A wide variety of sporting, agricultural and extra-curricular opportunities
- Well-regarded music programs including bands, vocal ensemble and musicals
- Year 7 Orientation Camp
- Scholarships for Year 6 students living within the Galston High School catchment area
- The Duke of Edinburgh Scheme

Register NOW to secure your school tour booking.

galston-h.schools.nsw.gov.au

GALSTON HIGH SCHOOL CANTEEN MENU

Breakfast

- Toast (2 pieces) with - jam \$2.00
vegemite
- Toastie (choice of fillings) \$4.00
- Cheese wrap \$2.00
- Ham & Cheese wrap \$3.50
- Aussie wrap \$5.50
(Bacon, egg, hashbrown, cheese, BBQ sauce)
- Egg & Bacon roll \$4.50
- Egg & Cheese roll \$4.50
- Bacon & Cheese roll \$4.50
- Fruit yoghurt (low fat) \$2.50
- Fruit Salad \$4.00
- Fruit Pieces80c
- Smoothie (Mixed Berry, Mango) \$4.50

BREAKFAST DEAL
With any Breakfast Roll,
Toastie or Wrap
ADD \$1.00

and choose either a juice popper or
600ml water or sml flavoured milk
or Up&Go

KNOW YOUR FOOD RATING:

- 'Everyday' food choice
- 'Occasional' food choice

Sandwiches

..... \$4.00

Wraps or Rolls

..... \$5.00

(Any combination made to order)

- Salad (with or without cheese)
- Cheese & Tomato
- Egg/Lettuce/Mayo
- Breast Chicken/Lettuce Mayo
- Breast Chicken/Tomato/Cheese/Peri Peri sauce
- Leg ham/Cheese/Tomato
- Chicken, Avocado/Cheese
- Breast Chicken Caesar

Salad Boxes

..... \$5.50

- Garden
- Cheese
- Chicken
- Caesar (with or without chicken)
- Pasta
- Egg

Toasted Focaccia/Melts

..... \$5.50

- Chicken - ● Sweet chilli
- Parmigiana
- Caesar
- Avocado
- Hawaiian
- BBQ sauce & Cheese
- Roasted Vegetable with vege chutney & Cheese

Breakfast Smoothies

MIXED BERRY or
MANGO MIX

Burgers

..... \$5.00

- Chicken
- Beef
- Vege
- Fish

Pastries

- Beef or Chicken Pie \$4.00
- Sausage Roll \$3.00
- Cheese & Spinach Roll \$4.00

Manager's Choice Daily Specials .. \$5.50

(2 options available daily)

- Chicken Schnitzel Roll
- Curry Beef/Chicken on Rice
- Butter chicken on Rice
- Marinated Chicken Pieces on Fried Rice or Mash.
(Honey Soy, Mediterranean, Lemon, Smoked BBQ)
- Pasta Bake
- Vege Pasta
- Spaghetti & Meatballs
- Pasta Bolognese
- Chicken Pasta
- Beef Chilli Con Carne on Rice
- Hokkein Noodles, Chicken & Veges
- Oven Baked Fish & Wedges
- Vege Lasagna
- Beef Lasagna
- Teriyaki Chicken & veges on Rice

GALSTON HIGH SCHOOL CANTEEN MENU

RECESS / LUNCH ORDERS WELCOME

Phone OR over the counter
before 9am

PHONE: 9651 1394

Daily specials on the Board



Beverages

- Juice Popper \$2.00
- 100% Juice (500ml No added sugar) \$4.00
- Cans (375ml sugar free) \$2.50
- Water (600ml) \$2.50
- Plain Milk (600ml) \$2.00
- Flavoured milk - small \$2.50
- Flavoured milk - large \$4.00
- Hot Chocolate \$2.00
- Up & Go \$2.50
- Aloe Vera \$4.00
- Iced Tea (Chill) \$4.00

**ALL
SPECIAL DIETARY
REQUIREMENTS ARE
CATERED FOR**

Vegetarian Choices

- Vege Burger (Patty or Roasted veges)
- Vege Pasta
- Cheese and Spinach Roll
- Sandwiches, Rolls, Wraps, Focaccias, Salads
- Yoghurt
- Fruit

Most Manager's Daily Specials can
be vegetarian if ordered before 9am



\$5 minimum



ATRIVM CATERING SERVICE
PO Box 789 Baulkham Hills NSW 1755
E: atriumcater@gmail.com

KNOW YOUR FOOD RATING:

- 'Everyday' food choice
- 'Occasional' food choice



HAWKS TEAM ALLOCATION DAY

This Sunday 7th March 2021

Downstairs at Glenorie RSL our HHFC major sponsor

U6-U8 10.00am

U9-U11 11.00am

U12-U15 12.00pm

Teams will be announced

Managers, Coaches and training times will be organised.



COME AND TRY AFL @ WESTBROOK!



FREE TRY AFL SESSION!

Sunday 7th March
Mike Kenny Oval, Greenway Park
Cherrybrook

Bring water bottle, hat and
running shoes (no boots)

Mark 0411 181 798

Register Online Play.AFL
www.westbrookafl.com.au
Boys & Girls
All Ages Welcome

#BeABulldog