

2019 Prefect Induction Ceremony





Our Prefect Induction Ceremony took place on Tuesday 28th August 2018. This ceremony presented our new prefect leadership team to staff, students, parents and wider school community. It also provided us with the opportunity to acknowledge the outstanding contributions made by our outgoing Prefect Team. Our 2019 Prefect Team is:

CAPTAINS

Mia Rowe
James Cairns

VICE CAPTAINS

Maddy Gleeson
Michael Ferlauto

SENIOR PREFECT

Samantha Ostavich
Martin Olivier

SCHOOL PREFECT

Grace Waters
Luke Belcastro
Georgia Harrod
Damian Shahfazli

The ceremony was enjoyed by all students and special guests' including family and friends of our prefects, as well as members of our Galston Community of Schools.

In the next few newsletters, there will be profiles of our new senior leadership team.

Prefect Oath of Service and Commitment

I undertake the role of prefect at Galston High School knowing it is both a privilege and a responsibility.

I promise to honour the role by representing my fellow students and serving my school to the best of my ability.

In word and deed, I will uphold the school values of respect, responsibility and personal best.

As a prefect, I will lead by example and model the spirit, the tradition and the conduct that is Galston High School."

Principals' Speech

I would like to acknowledge the traditional custodians of this land on which we hold this ceremony today and pay my respect

to elders both past and present and extend that respect to other Aboriginals here today.

Good morning special guests, parents, students and staff, I welcome you to the 2018 Prefect Induction Ceremony in the 44th year of our school. Over these years a wonderful tradition has been built where we collectively welcome in our new prefect leadership team whilst simultaneously celebrating and thanking our exiting team.

I would firstly like to congratulate the amazing outgoing 2018 Prefect Team. You have been outstanding role models who have served your school well during your term as student leaders. Over the year we have seen you harness personal strength, courage and energy to capture the minds and hearts of others. I know that the leadership experience you have gained at Galston High School will put you in good stead in the years ahead, and prepare you well for the future. I thank them on behalf of the Galston High School community for their outstanding leadership of the student body over the last twelve months.

Together, under the leadership of captains Callum and Chloe, you have continued to shape and define the role of the Prefect Body at our school, representing student ideas and opinions, but above all, upholding your office with distinction.

You have been the face of Galston High School.

Please join me in congratulating the 2018 Prefect Body on their outstanding achievements.

To the incoming 2019 Prefect Team, congratulations. Your investiture today marks a major milestone, both in your learning journey at Galston High School as well as in your personal development. The school sees great potential in you, and your investiture as student leaders is a testament to the confidence that the school community has in your leadership capability.

Now, with this vote of confidence from the school community, there comes a number of questions that you need to ask yourselves:

How will you exercise this leadership?

What are your leadership aims and goals? What do you wish to achieve as student leaders in 2019?

As we move further into the 21st century, leaders will be those who empower others; how will you achieve this?

To begin to answer these I would like to offer you three insights to help you thrive on your leadership journey:

Have fortitude. *This refers to the emotional strength that allows someone to face adversity with courage. As a leader you will meet your fair share of challenges you will encounter obstacles and stumbling blocks along your journey of leadership sometimes, even failures. Reflect on these obstacles and failures and see them as learning opportunities for improvement. As Thomas Edison said: "I have not failed, I have just found 10,000 ways that won't work."*

Be passionate *about what you do. Don't undertake tasks simply for the sake of doing so, or just because it is the 'in' thing to do. Understand and believe in what you are doing. As Albert Einstein once said: "I have no special talents. I am only passionately curious."*

Be relentless *in your pursuit of excellence. Don't give up and don't settle for mediocrity. The English crime fiction writer Arthur Conan Doyle (best known for his fictional detective character Sherlock Holmes) said, "mediocrity knows nothing higher than itself, but talent instantly recognises genius."*

So to all the student leaders seated in front of me today, both past and present, I thank you. You represent the future of Galston High School.

I look forward to working with you in your new leadership roles over the coming twelve months. Always remember: If what you say and do inspires others to dream more, learn more, do more and become more, then you are a leader.

2018 Prefect Speech Written and Presented by School Captains Chloe Lawler and Callum Trethowan

Twelve months ago, the current prefect team took their oath of service. Twelve months ago, today seemed a long way

away. The challenge that stood before us then seemed insurmountable, the legacy and standards of the 2017 prefect team seemed overwhelming. But in the last twelve months, we united as a team to overcome and understand what leadership is, and to serve a larger purpose. For every challenge, there have been memorable experiences that have made the hardships worthwhile.

Upon reflecting, one thing stands out for our team – the pride we feel in having served our school.

The pride in attempting, if not always succeeding.

The pride in daring, when it looked impossible.

The pride in leading, when following would have been easier.

We have strived to uphold the legacy left to us and to unite the school's various leadership teams. We have sought to communicate to younger years the importance of leadership and what it can do for a school community.

To say we have learned a great deal during our leadership would be an understatement. We have all grown as leaders, as people, as a team. We are all, in short, very different from who we were twelve months ago. For us to succeed, though, has required an incredible network of support.

Support from Ms Toulas, who has been passionate in promoting student leadership and having the vision to create roles such as ours.

Support from the deputies, Ms. Pieper and Mrs Petruilis, and the Prefect coordinator, Mrs Andrus, in their day-to-day support of all our endeavours. Their dedication and attention to detail has been inspiring.

Support from our teachers who have been flexible in allowing us to perform our duties and encouraging of our efforts.

But most importantly, from you, the students of Galston High School, in allowing us to represent and serve you.

Perhaps this is one of the greatest lessons for all of us in the last year: leadership does not occur in isolation, it occurs and

succeeds because of the people around you. Leadership is not about separating or being above others, it is about connecting and working with a diverse range of people. Today, however, is not about the past or the prefects who are about to step aside. It is about the new prefects and what awaits them.

On behalf of the outgoing prefect team, I would like to wish you all the very best of luck in your new roles. Looking at you all, I am proud to be a link in the chain you continue. You represent the best qualities and values for our school.

Shortly, you will take the school oath. An oath, in itself, is nothing more than words carried on breath fading into silence – but what it stands for is something profound. It is a commitment to yourself and others, an affirmation of your values and beliefs. It carries forward long after the congratulations and handshakes have concluded.

Stay true to the words you speak today, let them be your beacon in uncertainty. Leadership is not always easy, but for those who would attempt it, it is always worth it.

2019 Prefect Speech

Written and Presented by School Captains- Mia Rowe and James Cairns

Over the past 12 months, so much has been achieved in Galston High School; it has been another landmark year for our school and journey of constant growth and improvement. On behalf of the school, and the newly elected Prefect Team, we would like to thank the outgoing prefects for your significant efforts and contribution you have made in making that happen.

Please join us in recognising the successes of the 2018 Prefect Team, and thanking them for their dedication, one last time.

Being a part of the Galston High School community for the past 5 years, we have had many positive experiences that have developed our confidence and capabilities, shaping the people we are today.

Our year group was one of the first to have a Prefect Leadership Team for every year of our high school experience. Having these leaders to look up to has not only given us

an introduction into leadership, but also provided us with aspirational role models. They have guided us, inspired us and grown our passion for leadership. We hope to make as positive an impression on others as they have made on us.

The 2018 Prefect Team has shown us what can be done in just a single year. They have communicated clearly and frequently, led from their values, whilst at all times being exemplary in their presentation and approach. These strengths have helped to further develop the reputation of Galston High School. You have shown us what real leadership looks like, even in the face of challenges, and you have taught us how to remain positive and focused.

As a new generation however, we wish to create our own goals and aspirations for the future. Our leadership will be characterised by teamwork at its core. Every member of the Prefect Team will need to perform their individual role if the team as a whole is to succeed. We believe one of our key strengths as a team lies in our differences. Our job as Captains will be to harness each of those individual strengths, allowing every Prefect Team member to fulfil their potential.

Potential is not always easily unlocked however, and we acknowledge this entering into these roles.

In the words of Martin Luther King Jr, "The ultimate measure of a person is not where they stand in moments of comfort and convenience, but where they stand at times of challenge."

Challenges, however, are overcome through banding together and drawing upon the community. Galston High School has taught us the importance of community, both within and beyond the school. Within the school and as the face of the school, we look forward to working closely with the student representative council - the voice of the school, the house leaders - the spirit of the school, and the student librarians - the mind of the school. We look forward, also, to continuing to work with our community, whether that be our partner primary schools, our local businesses and sponsors, our local government or our affiliated

charities and organisations.

We enter into this experience with a fresh view for the future of our school. We want to create our own legacy, by practicing our leadership through the schools three values, respect, responsibility and personal best, honouring the traditions left to us.

On behalf of the prefect team, thank you for your confidence Galston High School in giving us this opportunity, both as individuals and as a team. We will work hard for you. We are all proud of this school we share and we are looking forward to fulfilling our roles as prefects in the year ahead.

Thank you.

2018 Prefects – We Thank you

CAPTAINS

Chloe Lawler
Callum Trethowan

VICE CAPTAINS

Kaitlan Saunders
Chris Naude

SENIOR PREFECT

Jessica Robards
Keenan Vale

SCHOOL PREFECT

Paige Dowd
Danielle Pride
Matthew Fraser
Nathan Shaheen



This Week

Monday 3 September

SRC R UOK Week - Muffins Monday
Year 10 Boys Program pds 1&2 - van Baarle
Ngamura Program for Aboriginal students

Tuesday 4 September

SRC R UOK Week - Tim Tam Tuesday
Rotary Parent Forum
Year 11 Industrial Technology Excursion - Byfield
Year 10 VALID testing periods 5&6 - Curtis

Wednesday 5 September

Year 11 Vaccinations
CHS Athletics
SRC R UOK Week - Australian Food Wednesday
HUB Senior Class Work Experience - 9.00am - 2.00pm - Small

Thursday 6 September

Meet The Music 6.30pm
CHS Athletics

Friday 7 September

CHS Athletics
Water Polo Trials
SRC R UOK Week - French Friday
PSSA Refereeing selected students Years 7-9 - Whiteman
Year 11 SLR/PDHPE First Aid Course - Whiteman
Year 10 VALID testing periods 1&2 - Curtis
House Leaders Basketball Hoop Throwing - Recess & Lunch - Lamont

Next Week

Monday 10 September

Boys Cricket Trials
Year 12 Interviews
Year 10 Boys Program periods 1&2 - van Baarle
Year 11 Excursion Free

Tuesday 11 September

Year 12 Interviews
Year 11 Excursion Free
Year 10 Vietnam Vets - Lamont

Wednesday 12 September

Year 11 Excursion Free
HSC Performance marking - Fuller
HUB Senior Class Work Experience - 9.00am - 2.00pm - Small
Year 10 Police Talks 8.50am - 9.50am

Thursday 13 September

Year 11 Excursion Free

Friday 14 September

Year 9 Medieval Presentation periods 1&2 - Viner
Year 11 Excursion Free
PSSA refereeing - selected students
Years 7-9 - Whiteman

Saturday 15 September

Pop Up Globe Theatre - Year 11 & 12
Advanced English - Murrell

Still to come

Monday 17 September

Year 10 Boys Program - periods 1&2 - van Baarle
All Schools Touch Football
Year 11 Excursion & Assessment Free
Year 12 Study Skills Finishing Line 10.05am

Tuesday 18 September

P&C Meeting
2019 SRC Induction
Year 11 Excursion & Assessment Free

Wednesday 19 September

Sydney North Netball
Years 7&9 Gala Day
Year 11 Excursion & Assessment Free
HUB Senior Class Work Experience - 9.00am - 2.00pm - Small

Thursday 20 September

Year 11 Excursion & Assessment Free

Friday 21 September

Student Leadership Thank You Luncheon
Year 11 Excursion & Assessment Free
PSSA Refereeing - selected students
Years 7-9 - Whiteman

Homework Club



Homework Club operates every Wednesday afternoon from 3.30 - 4.30pm.

Students can receive help from teaching staff with homework and assessment tasks, or simply utilise the Library computers and wifi to complete their work.

Hi Jillian,

I wanted to pass on my thanks to you, Julia, Kaitlan, Mia and Maddie for your presentation at our P&C this week.

The group attending was twice as many as we usually get for our P&C. I personally found it very interesting. Though my two girls are only in Year 1 & 3 they will eventually end up at Galston High School and it is nice to know all the different options you have, including The Hub and also programmes for students to move into the work force rather than university.

Kind regards

Kim Alsdorf
GPS P&C President

The Incredible Maths Staff have been working your students hard this term.

"Year 7 and Year 8"

Maths Pathway has been continued to be utilised for Year 7 and Year 8 students throughout this term. Maths Pathway is an online tool which has diagnosed students so that they work at their own level of competency with fortnightly assessment. This has shown significant growth benefits for students in their mathematical ability. Combining this with lesson time set aside for important concepts such as Algebra and Integers has led students to gain additional confidence in these areas.

"That's my Team"

Our Year 9 5.1 Mathematics class have been given their NRL statistics assignment. They will have the opportunity to analyse their favourite team's scores in the 2018 season, following this they will create a digital poster to present their findings.

"Mathematics and Spaghetti collide"

The Year 11 Extension and Year 12 Mathematics class have been investigating the trigonometric waves of sine and cosine by using spaghetti! These mathematical waves help us understand how a GPS can find our location, when tides will occur, and why certain musical notes sound nice together (the waves our students created were also very tasty).

"Mathspace"

Mathspace is being trialled throughout Term 3 with all maths classes. This online tool gives students questions but interrupts them as they make a mistake and gives them tips and videos to help them correct their errors. We are finding Mathspace to

be popular amongst both maths staff and students.

"Mathematics Competition"

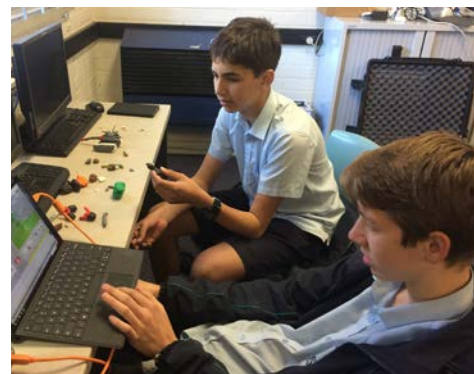
The Mathematics competition was held during week 3 of this term and we had 34 students compete. We are now eagerly awaiting their results.

"Claymation"

Our Year 9 STEM class had a Claymation incursion during week 5 this term. This involved students making videos by using hand made clay characters, and the videos produced were exceptional and a great source of amusement at Edfest.

"Robotics"

Year 10 IST have been building dancing and wrestling robots. The children have proven themselves to be both very creative and very competitive throughout this process.





Rotary Club of Galston Incorporated



President: Knox Geelan

Secretary: Richard Young

Treasurer: Peter Ainscow

P.O. Box 92
Galston
NSW 2159
Australia

16th August 2018

The Principal,
Jillian Turlas,
Galston High School,
403 Galston Road,
GALSTON 2159

Dear Jill,

On behalf on the Rotary Club of Galston we wish to congratulate the staff and students on the wonderful job they did at the Colour Run last Sunday. The students excelled themselves in all areas, they were enthusiastic, their interaction with the children was second to none, they helped with the set up, they obviously enjoyed themselves and without their help the day would not have been the success it was.

We were very proud to have them assist on the day and once again a BIG THANK YOU to them all.

Yours sincerely,

A handwritten signature in black ink, appearing to read "Kaye Fitzpatrick".

KAYE FITZPATRICK
Youth Director
Colour Run Organising Committee.



GDCC CRICKET
REGISTRATION 2018/19 SEASON NOW OPEN

REGISTER ONLINE AT: www.playcricket.com.au

JUNIORS
For enquiries contact:
Junior Registrar:
Matt Zillman
0457 895 969
email:
glenoriedcc@gmail.com
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NEW SOUTH WALES AUSTRALIA

FREE!
Junior Blasters
Cricket Registration
For kids aged 4-8 years
Glenorie District
Cricket Club
Information: glenoriedcc@gmail.com
Woolworths Cricket Blast is kicking off again this year during school term 4 (28th October-14th December 2018) on Friday afternoons at 4pm.
Junior Blasters is a free program for 4-8 year olds, helping them build to help them gain confidence and go on to play in a junior club of their own under 8s and onwards.
Mums and Dads have also enjoyed the program in the past as it is held at Glenorie RSL Club, where parents are able to catch up for a chat while watching their kids have a ball.
The best part is that it's FREE for a limited time!
*Once all the spaces are filled, the cost will be \$60 per child... So get on board now and sign up!
www.playcricket.com.au

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WARRAH
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10AM - 3PM
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PLUS WHITE ELEPHANT STALL - RECYCLED FASHION - PLANTS
CAKES & JAM - SILENT AUCTION - BIODYNAMIC PRODUCE
FAIR GAMES - HENNA ART - CHOCOLATE WHEEL - SCONES & TEA

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LOCAL STUDENTS PERFORM LIVE

GRACE DICKINSON
7th September

MATTHEW JONES
14th September

SKY COLTMAN
21st September

TOM & AARON
28th September

ACOUSTIC FRIDAYS IN SEPTEMBER
AT THE
STEAMYARD CAFE
3:45PM

Stream yard cafe
Galston shopping centre
0414 497 664



GDCC CRICKET
REGISTRATION 2018/19 SEASON NOW OPEN

REGISTER ONLINE AT: www.playcricket.com.au

SENIORS
For enquiries contact:
Senior Registrar:
Glenn Gittins
0404 600 460
email:
glenoriedcc@gmail.com
GLENORIE DISTRICT CRICKET CLUB
LES SHORE OVAL GLENORIE 2157
NEW SOUTH WALES AUSTRALIA

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- » Need help with gaining a job or going on to further education?
- » Would you like to be more active in the community, socialise and make new friends?
- » Would you like to learn to be more independent? Meal planning, cooking, budgeting, learning to use public transport or gaining your licence?
- » Want to focus on preparing for working life with School Leavers Employment Supports (SLES)?

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Galston Community

Building Resilience

When: Tuesday 4th September
Where: Galston High School
Time: 7.00 pm - 8.30pm

Come along and hear Leanne Hall outline how you can help your child build resilience. Her one hour presentation will be followed by question time.
Leanne Hall is an experienced psychologist with a focus on wellness, prevention, self-care and sustainable health. Leanne published her first book in 2017. She currently works in private practice at CompleteHealth Australia, and is completing her PhD at Sydney University.

Please RSVP to Galston High School on 96512222 or email galston-h.school@det.nsw.edu.au by Friday 31st August.

Proudly presented by the Rotary Club of Dural

