

GALSTON HIGH SCHOOL CANTEEN MENU 2024

Breakfast

- Toast (2 pieces) with - jam\$2.00
vegemite
- Toastie (choice of fillings)\$4.50
- Cheese wrap\$2.00
- Ham & Cheese wrap\$3.50
- Aussie wrap\$6.00
(Bacon, egg, hashbrown,cheese, BBQ sauce)
- Egg & Bacon roll\$4.50
- Egg & Cheese roll\$4.50
- Bacon & Cheese roll\$4.50
- Fruit yoghurt (low fat)\$2.50
- Fruit Salad\$5.00
- Fruit Pieces\$.80c
- Smoothie (Mixed Berry, Mango)\$4.90



Sandwiches\$5.00

Wraps or Rolls\$6.00

(Any combination made to order)

- Salad (with or without cheese)
- Cheese & Tomato
- Egg/Lettuce/Mayo
- Breast Chicken/Lettuce Mayo
- Breast Chicken/Tomato/Cheese/Peri Peri sauce
- Leg ham/Cheese/Tomato
- Chicken, Avocado/Cheese

Salad Boxes\$6.90

- Garden
- Ham
- Chicken
- Caesar (with or w/out chicken)

Toasted Focaccia/Melts\$6.80

- Chicken - ● Aioli, Avocado ● Parmigiana
- Roasted Vegetable with vege chutney & Cheese

Occasional Menu Variations

See menu board

- Assorted Sushi Rolls\$4.00
- Beef or Chicken Kebabs.....\$8.00
- Chicken Schnitzel Roll\$6.50
- Tempura Fish Cocktails & oven baked wedges .\$.6.50
- Beef Tacos\$6.50

Burgers\$5.50

- Chicken
- Beef
- Vege

Pastries (Low fat)

- Beef or Chicken Pie\$4.80
- Sausage Roll\$4.80
- Cheese & Spinach Roll\$4.80

Manager's Choice Daily Specials ..\$6.00

(2 options available daily)

- Curry Beef/Chicken on Rice
- Butter Chicken on Rice
- Marinated Chicken Pieces on Fried Rice or Mash.
(Honey Soy, Mediterranean, Lemon, Smoked BBQ)
- Pasta Bake
- Vege Pasta
- Spaghetti & Meatballs
- Pasta Bolognaise
- Chicken Pasta
- Teriyaki Chicken & Veges on Rice
- Hokkein Noodles, Chicken & Veges
- Oven Baked Fish & Wedges
- Vege Lasagna
- Beef Lasagna



KNOW YOUR FOOD RATING:

- 'Everyday' food choice
- 'Occasional' food choice

GALSTON HIGH SCHOOL CANTEEN MENU 2024

RECESS / LUNCH ORDERS WELCOME

Phone OR over the counter
before 9am

PHONE: 9651 1394

Daily specials on the Menu Board



KNOW YOUR FOOD RATING:

- 'Everyday' food choice
- 'Occasional' food choice

Beverages

● Juice Popper	\$2.50
● Cans (375ml sugar free)	\$2.80
● Water (600ml)	\$2.50
● Plain Milk (600ml)	\$2.50
● Flavoured milk - small	\$2.80
● Flavoured milk - large	\$4.80
● Hot Chocolate	\$2.50
● Up & Go	\$3.00
● Aloe Vera	\$4.50
● Iced Tea (Chill)	\$4.50



**ALL
SPECIAL DIETARY
REQUIREMENTS ARE
CATERED FOR**

Vegetarian Choices

- Vege Burger (Patty or Roasted veges)
- Vege Pasta
- Cheese and Spinach Roll
- Sandwiches, Rolls, Wraps, Focaccias, Salads
- Yoghurt
- Fruit

**Most Manager's Daily Specials can
be vegetarian if ordered before 9am**



ATRIUM CATERING SERVICE
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